

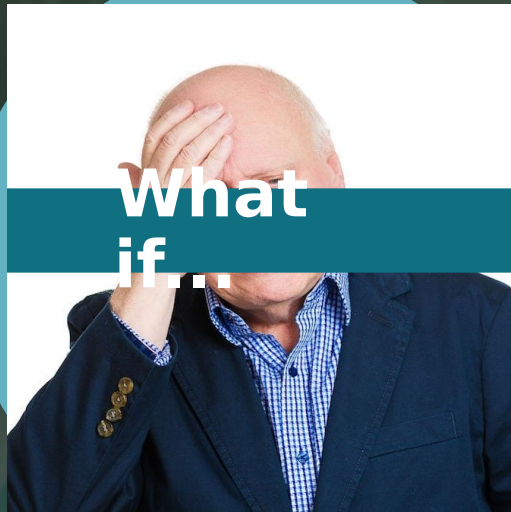
**Northern Virginia
Senior Community Services Employment Program
(SCSEP)**

Presents: **How to Become a More
Confident
Job Seeker**

May 2021

CHALLENGES

Fears ?

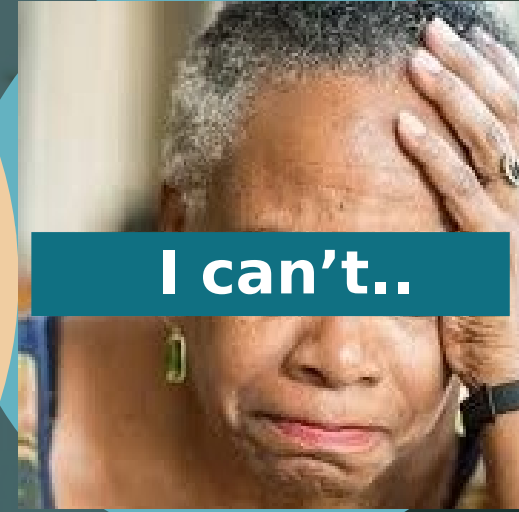


What if..
I am not good for the job

What if..
I don't have enough
experience
I am too slow for the job



POSITIVE



Negative

I can't find a job?
I can't interview
I can't talk to people
I can't do the job

1. ATTITUDE



- ✓ How you picture yourself ?
- ✓ You are unique
- ✓ Make a positive image of a
“Great You”
- ✓ Set up new goals, start with small projects



2. HIGHLIGHT YOUR SKILLS



- You are a box of experiences
- List your key skills and qualities
- Focus on your strengths

** Never judge or criticize yourself*

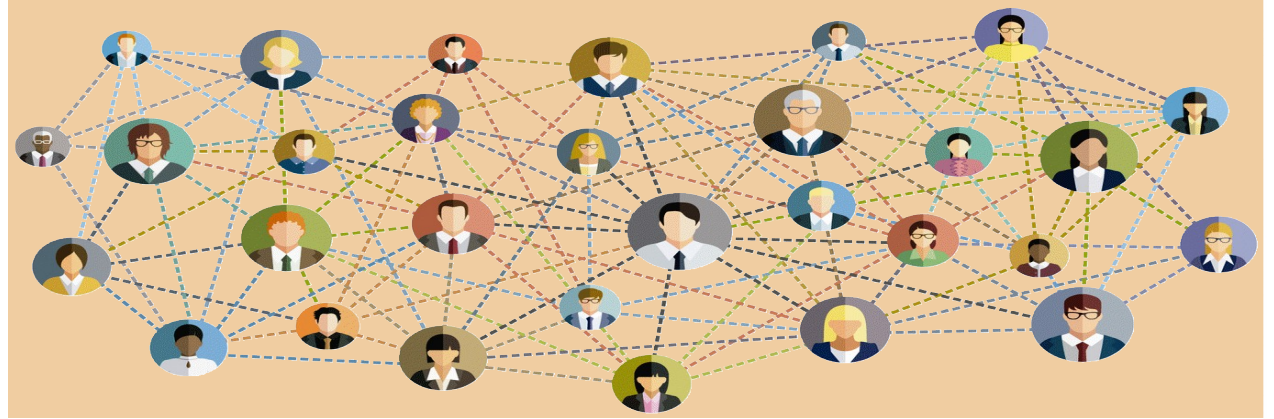


3. MAKE A PLAN



- ✓ Identify your career goals
- ✓ Customize your resume; Tailor your cover letter
- ✓ Look for help from Job Coach, Job Developer
- ✓ Find and Research Employers
- ✓ Prepare for interviews
- ✓ Keep records
- ✓ Follow up

4. NETWORKING



***Socialize**

***Join Social and Professional Platforms**



5. NEVER GIVE UP!





**Thank
You!**



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