

The November 19, 2021

Northern Virginia

Virtual 50+ Employment Expo Schedule



I. Welcome and Introductions @ 10:00 am – 10:15 am

Ann Happ, JCA Expo Consultant

Shane Rock, JCA CEO and Welcome video from Chairman Jeffrey C. McKay of Fairfax County

II. Quick Overview of three JCA Programs: Dana Hirsch, Manager, [Senior Helpline](#) and [NV Rides](#), and Jodie Rasch, Manager, [Career Gateway! Program](#). They will each talk for three minutes.

III. Two Morning Workshops to Help You with Your Job Search from 10:15 am - 11:45 am (See below for their Bios.)

1. Tamara Wolfe's Workshop at 10:15 am for some tips and ways to keep moving forward. She'll also share some of the Neuroscience ...
2. Tamara Smith's Workshop at 11:00 am learn about applying for Federal Jobs.

IV. Volunteer Opportunity: 11:46-11:48. Karla Nativi, [Dulles Area Transportation Association](#), will talk for two minutes after Tamara Smith,

V. Noon - 2:00 pm

11 Employers with Full-time and Part-time Employment Opportunities

FEMA
FEMA Corps
Mature Temps. Consultant to Manpower
Primerica
Montcordia
Wegmans Food Market

Fairfax County Health Department
FlexProfessionals, LLC
Temporary Solutions, Inc.
The Entrepreneur's Source
Fairfax County Public Assistance &
Employment Services

All Jobseekers must [register](#) to attend and participate in this Free Expo.

Click [HERE](#) to Register or visit our website virtualexpos.accessjca.org



Tamara Wolfe at 10:15 am

Build a Powerful Transition Mindset for a Successful Career Shift

You know the tactical things you need to do for your job search but you may be overlooking the most powerful tool in your job search arsenal: your mindset. Our mindset can be challenged by rejection; prolonged response times after an interview; not knowing how to make the best decision for a job; wanting to apply for a job but thinking that you don't have what it takes . . . and more. All of the voices in your head can interfere with you showing up as your best self and can hinder the job search.

Your mindset has the power to impact your success, and it plays a critical role in how you cope with and overcome challenges.

In this webinar, you will learn:

- The Neuroscience of Change
- A Success Results Formula
- Keys to creating a Powerful Transition Mindset
- Strategies for navigating fear, doubt, rejection to stay on track
- A Daily Routine to support a Powerful Transition Mindset
- And more . . .

Tamara's Bio: Tamara Wolfe is a certified International Life Coach, Mindset and Results Expert, Speaker, and owner of Full Spectrum Living. She is also a published co-author of the bestselling book "Short Sweet and Sacred." Tamara comes to her life coaching with a background as a movement psychotherapist, a business leader and mentor in sales. For over 30 years, Tamara has been studying and teaching personal development and success principles and has had the privilege to train with world-renowned teachers such as Mary Morrissey, John Assaraf, Bob Proctor and John Maxwell.

Tamara's passion is to help mid-life business leaders and entrepreneurs reach their highest level of potential in their current career or to make a transition to a career that aligns with their passion and purpose. She offers transformational, in-depth coaching programs that help clients repattern limiting beliefs to create the results they desire to live richer, more fulfilling lives. Tamara's greatest desire is for her clients to find their "sweet spot" where their passion and purpose intersect and they can truly say, "I love my life!"

Tamara is a sought-after International Speaker and offers inspirational webinars, workshops, and keynote speeches. She was recently a featured speaker at a Global Virtual Conference in Johannesburg, South Africa. Tamara is currently working on a Neuroscience Coaching and Leadership certification.

Tamara Wolfe

Full Spectrum Living

Fuel Your Passion. Maximize Your Potential.

Certified Life Coach, Speaker, Author and Teacher

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Tamara Smith at 11:00 am

Tamara is a Management and Program Analyst (Recruiter) in the Office of Human Resources, Corporate Engagement. Also current the National Chairperson for Education, Recruitment, & Training (ERT) for the National Black Coalition of Federal Aviation Employees (NBCFAE), and HQ Region Conference Coordinator.

With over 20 years of Federal Government Service, most of her Federal Service was working with attorneys. Once coming to FAA nine and a half years ago under ATO Diversity office, Tamara took an interest in diversity and recruitment. In her role in the ATO Diversity, her passion for really assisting others came to light in assisting in the hiring initiative of

Persons with Disabilities. Since then, Tamara has played a significant role in outreach to Persons with Disabilities, continues to be a resource for external organizations and consumers for employment to FAA.