

**Northern  
Virginia Community Services Employment  
Program (SCSEP) Presents:**

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**How to Become a  
More Confident Job  
Seeker**

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April  
2022

# 1. ATTITUDE

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✓ How you picture yourself? Self Care and a positive self-image

✓ Remember - you are unique!

✓ Friendly, pleasant,  
Set up new goals, start  
professional

with small projects



## 2. HIGHLIGHT YOUR SKILLS



- You are a box of experiences
- List your key skills and qualities
- Focus on your strengths

*\* Never judge or criticize yourself*

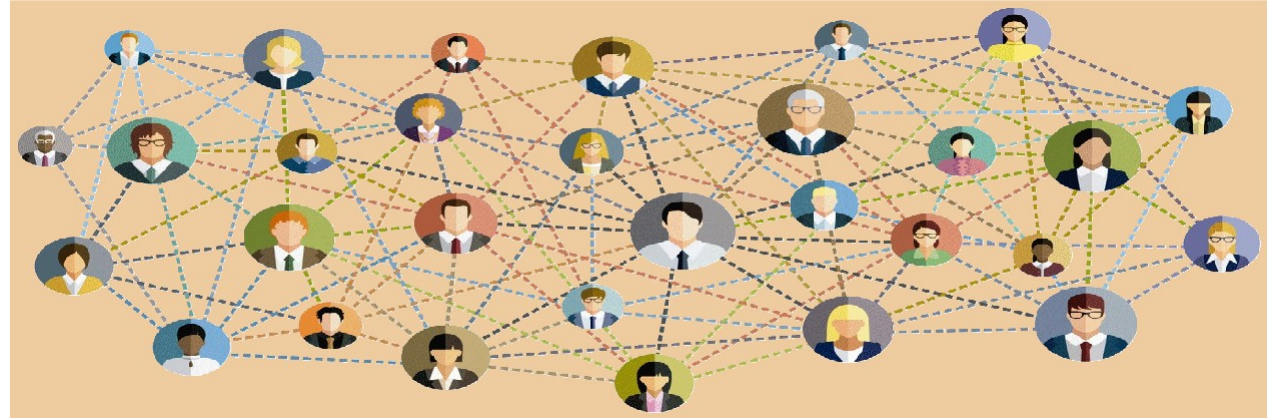
# 3. MAKE A PLAN



- ✓ Identify your career goals
- ✓ Customize your resume; Tailor your cover letter
- ✓ Find a Job Coach, Job Developer
- ✓ Find and Research Employers
- ✓ Prepare for interviews
- ✓ Keep records

4.

# NETWORKING



**\*Socialize**

**\*Join Social and Professional Platforms**



## 5. NEVER GIVE UP!

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Thank  
You!



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